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SANDERS UNIFIED SCHOOL DISTRICT #18

November 6, 2019

Dear Parents/Guardians:

We have been notified of a number of students in the Ganado Unified School District #20 as being diagnosed with Hand, Foot, and Mouth (HFMD) disease by a health professional. We are informing you as Sanders Unified School District and Ganado Unified School District share students from the same households.

Prevention of Hand, Foot, and Mouth (HFMD)

To prevent the spread of HFMD Disease, children should stay home while they have a fever or open blisters on the skin, in and around the mouth.

Handwashing is the best protection. Remind everyone in your family to wash their hands well and often, especially after using the toilet or changing a diaper, and before preparing or eating food. Shared toys should be cleaned often with a disinfectant because many viruses can live on objects for a few days. Prevent the sharing of food, drinks, and personal items that may touch your student/child's mouth, such as eating utensils, toothbrushes and towels, etc.

Protect other students/children. Make sure they do not come in close contact with the individual who is infected. Human contact and sharing can spread the infection quickly. If your students/children share a room, separate them while the infected individual is being checked for symptoms of HFMD disease.

Teach your students/children to cover their mouths and noses when sneezing or coughing with a disposable tissue, if possible, or with an arm sleeve if no tissue is available. Teach everyone to wash their hands right after using tissues or having contact with mucus.

Respectfully,

Kim J. Pearce
Superintendent

Charles Gover
Principal, SES

Tari Hardy
Principal, SMS

Verlynn Goldtooth
Principal, VHS

Marlene Apachee
Board President

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